

nicole bayliss



About Nicole Bayliss

Nicole is a healer and teacher based in Sydney, Australia, who works with people globally to assist with their soul's evolution and awakening.

She is the author of three books, Soul Magic, 5 Steps to Finding Love and A Shift to Bliss: The 7 Beliefs that Limit Love, Happiness, Peace and Prosperity.

Get in Touch

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Hello!

and welcome to your personal Evidence Journal

Why do I need an evidence journal?

An evidence journal is a powerful way to build trust in the Universe. By writing down "evidence" of the Source at work, you are acknowledging the work of the Universe and storing this information in a journal which you can look back on to remind yourself that you are always looked after.

There will be times when your trust is challenged, and these are the very times to look through your evidence journal to remind yourself of the Universal Power of that is always with you.

How do I use my evidence journal?

Whenever you experience a "stroke of good luck", a prayer answered, a positive outcome, a synchronicity, a sign or a miracle, write it in your evidence journal. Write down the date and what happened.

Then say the prayer of thanks that is at the top of each page of this journal. By giving thanks, you are magnifying the good that came to you, inviting in more!

When should I write in my evidence journal?

Write in your evidence journal whenever you experience "stroke of good luck", a prayer answered, a positive outcome, a synchronicity, a sign or a miracle.

You may not be able to write about it immediately, but make time each day or every few days to reflect and note the evidence.





Date	Evidence from Today



Date	Evidence from Today
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Date	Evidence from Today



Date	Evidence from Today



Date	Evidence from Today



Date	Evidence from Today





Date	Evidence from Today



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