

# Affirmations for Financial Healing

I wrote the following affirmations to assist in your financial healing process. We are living in times of great change, and many people feel anxious about their financial future. These affirmations are based on the 12 truths in my book *The Money Matrix*.

By saying affirmations regularly, you are re-programming not only your conscious mind, but your subconscious mind – and that's where the power is. I suggest saying these affirmations daily for five weeks. Change must begin within before it can happen “out there” in our lives.

*Abundance is my Divine birthright*  
*I choose to have a healthy relationship with money*  
*There is a limitless amount of money available to me*  
*Money is an energy which flows freely and easily into my life.*  
*I am worthy of receiving all the money I need*  
*I am here to manifest abundance so as to live my best life*  
*I am open and willing to receive divinely right abundance*  
*I am open to ALL of the channels through which money flows to me*  
*Money comes to me under grace and ease*  
*I now release old family programming that is blocking money coming into my life*  
*I now release old beliefs and programming that are sabotaging financial flow*  
*I now release ancestral programming that is preventing me being financially free*  
*I now release the need to just get by*  
*I release and let go of all guilt and shame around money*  
*I choose to have a happy and healthy relationship with money*  
*I am willing to thrive*  
*I release the need to live in debt*  
*I choose to live within my means*  
*I easily make more money than I can spend each month*  
*I have wealth on all levels*  
*I am grateful for the money I have now and I joyously welcome in more*  
*Money allows me the freedom to do whatever I choose*  
*I always have enough money to do what I want to do*  
*I choose to respect money*  
*I use money in constructive ways*  
*The more I spend money in constructive ways, the more it flows back to me*  
*I release all religious programming that is preventing money flowing into my life*  
*I can be spiritual and wealthy*  
*I can be happy and wealthy*  
*It is safe to be wealthy*  
*I can be wealthy and care about people and the planet*  
*I am open to receive from the Universe, because abundance is my Divine birthright.*