



Affirmations for 2023

The Universe is constantly providing for me no matter what the circumstances.

All that I need comes to me as and when I need it.

I am open to all the abundance the Universe wants me to have.

All losses shall be replaced in Divine and perfect timing.

Today I choose to feel grateful for all that I have, and all that I shall have.

Divine timing is always at work in my life.

I choose to move at the Universal pace.

There is no need to hurry, to push, to force or to strive.

Today I choose to flow.

Today I make time to be still and aware.

Inner peace is my number one goal.

I do my work with love and joy.

I make the time to do the things I love to do.

Today I choose to be at peace and have clarity.

Every day my self-love and compassion grows.

I love myself in all my imperfections.

I choose to nurture myself and be kind to myself.

I choose to forgive myself and learn from my mistakes.

My body is my temple and my vehicle through life.



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I treat my body with reverence.

I listen to my body and provide for its needs.

I make choices that align me to radiance and good health.

Every cell in my body is healthy and well.

Every day my ability to love others grows.

I choose to love everyone and everything.

I choose to be loving and kind to others whenever and wherever I can.

I choose to forgive others and learn from the experience.

I choose to see my challenges as an opportunity to grow.

Every challenge is in my life for a good reason.

I surrender all problems to the Universe.

No matter what the challenge, the ideal answer already exists.

I am open to Universal signs and Divine guidance.

I am open to grow and expand my mind.

I am exactly where I am meant to be, right here, right now.

I am present and take in all the love that surrounds me.

Love is always present.

In presence I feel love.

I am love.



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